EDGE NIGHT GA GYM



Theme for the night: Bullying and the Golden Rule

We kicked off the night making sure that we all understood the definition of bullying. Bullying involves a person or a group making verbal or physical threats towards another person or group. Bullying may also involve actual physical violence through unwarranted bodily harm. Bullying affects many people, especially teenagers and middle school students. As Catholic Christians, we are held to a higher standard when it comes to how we treat others. As Jesus taught us in the gospel that we just read, we should first love God, then love our neighbor as our self.

Then we read Matthew 22:34-40. We discussed The Golden Rule: To love the Lord you God with all your heart, all your soul, and with all your strength. Secondly, love your neighbor as yourself.

We explored the dignity of others, bullying is a sin, and dignity of self. Our Jr. Core Team acted out three different bullying scenarios and the groups discussed what was happening, how it made them feel, and how the situations could have been handled better.

Paper plates were taped on all the EDGE students' backs, and each group member wrote a positive attribute or special talent that each student possess. This was a great way for the students to realize their self-dignity. We had a great discussion after this activity.

Of course we had a lot of fun at EDGE night too! Dodge ball with Fr. Weeder and Tricks for Treats. Ask your child what trick they had to do to go pick out some candy. ©

Thank you for allowing your students to come join us for a night of EDGE. If you ever have any questions or would like to know more about EDGE please contact me.

Sincerely,
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